



Start and arrival at the ice rink

When you come the first time at the beginning of the season, please be on time. The entrance at Myllypuro ice rink can be found, by the parking lots as a grey colored exit door. You can look at the map on how to find the rink by foot/bike or car, please notice that the parking is chargeable, and must be paid by using the app Parkman. When entering the ice rink please sign up to a MTK supervisor who can be found at the info which is located between the two rinks in front of the glass door.

Upon registration you will get your panda pass and your first panda stamp. You can tryout one to two times with the membership price. Of the membership payment and skating school, you will get a bill via e-mail.

Figure skating is a happy and fun sport, which can give you the most memorable and special experience for kids, youngsters and even adults. MTK is a figure skating club which strives to give at every skill level coaching, in singles and in synchro. The supervisors and coaches strive to find a group for everyone at the beginning of the season. But if you want to ask or confirm about the groups, don't be afraid to ask the coaches, supervisors, or the club representee. Skating school is the perfect place to learn the basic skills of skating. You can be as long as you want or need to in skating school, but if you at some point you want more challenge, are there development groups in singles and synchro from school ages upwards.

Panda pass & Registration for lessons

At the rink there can be found an info spot. At the beginning of the season there will be shared a panda pass. Please write you first and surname on it. Please also always sign up at the info spot before the ice sessions. At the info spot you will get a stamp in your panda pass, once there are enough stamps you will get different benefits. When your panda pass is full, you will get a small gift. During the season you will also get feedback and stickers from your supervisor or coach. Please be on time for the ice sessions, so that we can start them on time. The skater should be at the edge of the rink before sessions start. The skating school info/ registration will open 30min before session start and will close 5min before session start.

Seasonal calendar

In skating school, you skate to a seasonal calendar. In the calendar there can be found exceptional days and special days such as friend day, panda disco and for all the groups a common Christmas/Spring celebration. Please be sure to look at the calendar! The calendar will be sent to everyone via E- mail, but it can also be found at the club's website.

Equipment

Having good equipment will bring the skater more comfort and will promote learning. The skates should be as supportive at the ankle as possible and comfortable, also the size should be right. Figure skating boots are different to training skates from supportiveness and blades. The toe picks on a figure skating boot are needed when skating and are not to be made smaller. The laces of the skate should be tied up so that they don't cause danger on the ice. Please remember that the laces should not be tied around the skate. The best place for buying new figure skating boots is at and specialty store for figure skating equipment. Remember to use blade guards when walking with skates at the rink. It is recommended to use normal socks instead of thicker wool socks even though the rink might seem cold. The blades on the skates should always be dried after the ice session and stored without blade guards, to keep the blades from rusting. Because of the ice rinks being cold be sure to dress warmly enough. In skating school, it is preferred to dress in clothes suitable for skating, for example a skating leotard or dress. Please be sure to leave scarfs at home. Using a helmet is allowed and, in the beginning, even recommended. When leaving the helmet at home the first time is it recommended to use a hat or thicker head band on the ice. In the cold ice rink, it is also important to use gloves when on the ice. It is important that the skating clothes and gear are clean so that also the ice stays clean.



Diplomas

For finishing skating school, you will get a diploma. The receiving of the diploma will happen either at the spring or Christmas celebration at the end of the skating season, where all the skaters will perform.

Specialty shops& sharpening

The most important gear for a figure skater is the skates. There are different brands of skates (Risport, Edea, Riedel, Wifa, Graf). These brands can be bought in shops that specialize in figure skating equipment, for example Lucky Skate, Pakilantie 95, 00670 Helsinki and Skateshop, Malminraitti 17, 00700 Helsinki. In these shops you can find new skates or already used ones. If you want to sharpen your blades, you can for example do it in Vuosaari by Prosharp.

On the ice

Please make sure to eat before the ice session, and make sure to come without anything in your mouth on the ice. Also please use the bathroom before the ice session. The supervisors and coaches will take care of the kids on the ice, so we ask the parents to keep distance during the session. At the beginning of the season there will also be some of the skater from the bigger groups assisting. The sessions can be watched behind the plexiglass. Please do not lean on the plexiglass during the ice session. Also, the substitute bench is of the limit during the ice sessions and can only be walked on by skates to avoid dirt getting on the ice. At the beginning of the season will all skaters get a marker tape that will tell in which group the skater is. The marker tape should be attached to the right skate and should be visible at all times.

Insurance and pass

Skating school skaters will be insured by Still's skating school pass. The skating school pass is mandatory for everyone. Please make sure that the child's personal identification number can be found in our MyClub system. Only like this can we insure your child.

Absences

In case of an absence there is no need to inform us. Please also notice in case of absence, is there no possibility to replace the missing session.

If you want to skate more, please be sure to contact one of our supervisors or the manager of the skating school. Don't be afraid to ask us anything on your mind, we will do our best to help.

Happy skating!

More info:

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